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Nolan County 4-H Newsletter

JULY 2018

What's Happening



4-H SHOWCASE

CloverKids



July 6th

Nolan County 4-H Recognition Event & End of Year Swimming Party

July 12th & 13th

Multi-County Camp

July 17th

District Jr/Intermediate

Fashion Show

August 1st

4-H Officer Training

August 6th

Silver Clover Banquet

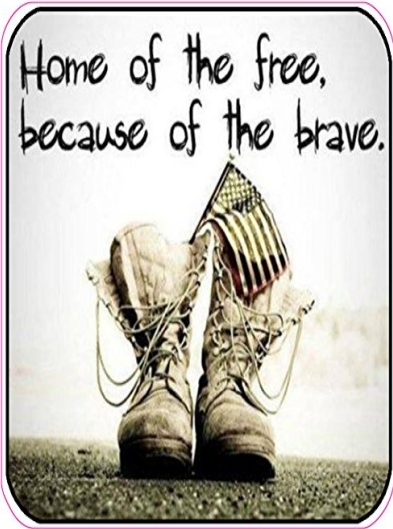
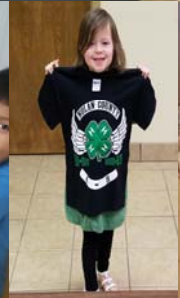
August 20th

4-H Kick-Off Block Enrollment

Party

August 25th

District 7 Fall Meeting



CloverKids is designed to introduce children ages 5-8 years to 4-H. They participate in a variety of projects learning about Food & Nutrition, Community Service, Archery, Up-Cycling, Seed Germination and participate in many other activities and hands-on experiments. If interested in participating, please contact Project Leader, Elizabeth Vera at 236-6912.

4-H KICK-OFF BLOCK ENROLLMENT PARTY

DATE: Monday, August 20th
PLACE: First Financial Bank lawn
TIME: 5:30 PM



4-H Agriculture & Natural Resources

NO Shooting Sports for July and August will resume with Archery and Shooting Sports in September



LIVESTOCK SHOWS

If you plan to show livestock at the West Texas Fair (Abilene), South Plains Fair (Lubbock) or The State Fair of Texas (Dallas) entry forms need to be completed by August 10th. **All Livestock Show Participants will need to be Enrolled through 4-H in order to show.**

Call Zach at 236-6912 if you have any questions.

SHEEP & GOAT VALIDATION

Wether Lambs & Wether Goats

(Major & County Shows): State Validation Tags **MUST** be ordered by August 17th. State Validation Tags cost \$15 each. These tags need to be paid for when you place your order.

Ewe Lambs & Nanny Goats

(County Show only): If you plan to show a Ewe Lamb and/or Nanny Goat during the Nolan County Jr. Livestock Show you will need to validate your animal with a County Validation Tag. You do **NEED** to turn in a tag order. Remember: State Validation Tags or Wether Lambs and/or Wether Goats **MUST** be ordered by Friday, August 17th.



LAMB & GOATS VALIDATED FOR THE 2018 STATE FAIR OF TEXAS WILL HAVE TO BE RE-VALIDATED FOR THE 2019 WINTER/SPRING MAJOR SHOWS. STATE FAIR OF TEXAS LAMB & GOAT VALIDATION TAGS WILL NOT BE ACCEPTED AT THE WINTER/SPRING MAJOR SHOWS.

4-H Family & Community Health

4-H RECOGNITION EVENT & END OF THE YEAR 4-H PARTY

DATE: Friday, July 6th

TIME: 6 PM - 9 PM

PLACE: Sweetwater

Municipal Pool

The 4-H Recognition Event is to recognize our 4-H members for this years participation in 4-H in projects completed. This year we have combined the event with the end of the 2017-2018 4-H year. Awards will be presented first and then its swim time! Dress attire will be super casual. Please make sure you RSVP'd!

4-H OFFICER TRAINING

DATE: Wednesday, August 1st

TIME: 10:00 AM

PLACE: Nolan County Extension

Office 3rd Floor

Conference Room

All 4-H Officers that have been elected for the 2018-2019 4-H Year must attend this meeting for Officer Training.

DISTRICT FALL 4-H COUNCIL & ADULT LEADERS MEETING

DATE: Saturday, August 25th

TIME: Registration 8:45 AM - 9:30 AM

PLACE: Grape Creek Baptist Church
San Angelo, TX

DEADLINE: Friday, August 10th.

REGISTRATION: 8:45 AM ; Meeting starts at 9:30 AM. We should conclude around 3 PM.

The committees will be: Beef, Clothing, Consumer Education, Foods & Nutrition, Horse, Photography, Sheep/Goats, Natural Resources, Shooting Sports, Sheep/Goats, Science. Engineering & Technology, and Swine.

Purpose: To develop high quality opportunities in these major project areas which allows 4-H members and leaders to reach their goals.

Objectives:

1. Promote project objectives
2. Provide training opportunities for members and leaders
3. Promote quality resource materials for the project

**THESE MEETINGS ARE FOR EVERYONE
YOU DO NOT HAVE TO BE COUNCIL
DELEGATE TO ATTEND.**

Please call the Office at 236-6912 by August 10th if you would like to attend.

Upcoming Events

AUGUST

- 4-H Officer Training
- Silver Clover Banquet
- District 7 Fall Meeting
- 4-H Kick-Off Block Enrollment Party



RED, WHITE & BLUE SALAD!

- 3 cups watermelon, cut into 1 inch cubes and seeded
 - 1 cup blueberries
 - 2 medium bananas, sliced
 - 1 cup fat-free whipped topping
 - Juice of 1 lime
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1. Wash your hands and clean your cooking area.
2. Wash all the fruit.
3. Cut watermelon into cubes, remove seed-ing.
4. Place cut watermelon and blueberries in medium bowl.
5. Slice bananas and place in a small bowl.
6. Squeeze lime juice over bananas and mix, covering all bananas.
7. Add bananas and whipped topping to the watermelon and blueberries and mix well.
8. Chill until ready to serve.

Nutritional information per Serving

Calories	90
Total Fat	0g
Protein	1g
Carbohydrates	23g
Dietary Fiber	2g
Saturated Fat	0g
Sodium	10mg

Zachary Wilcox
CEA-AG