

Food Preservation Workshop



Thursday, June 2nd

12:00 - 5:00 p.m.

Trinity Baptist Family Life Center

1506 Santa Fe Avenue

Sweetwater, Texas

Contact Information:

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Enjoy fresh food all year by growing and preserving your own.

Sessions will include:

- Introduction to Home and Food Preservation
- Canning Basics
- Jams and Jellies
- Making Reduced and No-Added-Sugar Jams and Jellies
- Pickles
- Tomatoes and Salsa
- Using a Pressure Canner
- Freezing & Drying Foods at Home Safely



Workshop Cost: \$20.00 includes lunch, snacks, instruction, and handouts.

(Checks payable to: **Leadership Advisory Board**)

Registration Required: Stop by the Nolan County Extension Office in the Courthouse by Monday, May 23rd.